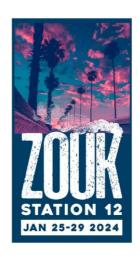


THURSDAY SCHEDULE

6PM - Registration Opens

7PM – Welcome Dinner (Brooke's Taco Bar)

8:30-Late - Brazilian Zouk Party



FRIDAY SCHEDULE

8AM - Barracks Breakfast

10-11AM - Flow Yoga with Brooke

11-1PM – Karen

(Kiz concepts for connection)

1-2:30PM - Lunch

2:30-4:30PM - Sara & Jeff

()

5-6PM - Stretch Class with Jess

7PM – Australia Day BBQ

8:30-Late - Brazilian Zouk Party



SATURDAY SCHEDULE

8AM - Barracks Breakfast

10-11AM - Mobility Class with Jess

11-1PM - Matt & Tayler

(Toalhas and circular movements)

1-2:30PM - Lunch

2:30-4:30PM - Jimmy & Natalia

()

5-6PM - Stretch Yoga with Brooke

7PM – Dinner (Pizza)

8:30-Late - Brazilian Zouk Party



SUNDAY SCHEDULE

8AM - Barracks Breakfast

10-MIDDAY - Brunch @ Rozes

1-3PM - Behrouz

4-6PM - Amit & Jess

7PM – Dinner (Thai)

8:30-Late - Brazilian Zouk Party

MONDAY CHECKOUT AT MIDDAY