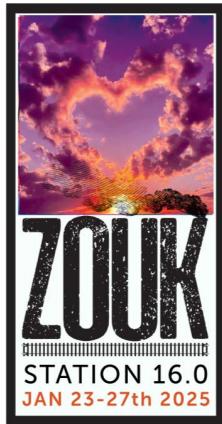


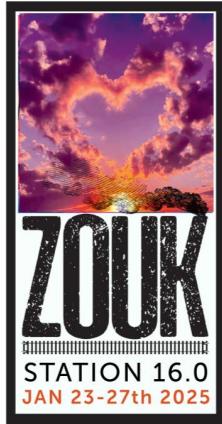
## FRIDAY SCHEDULE

- 6PM - Registration Opens
- 7PM - Welcome Dinner  
(Brooke's Taco Bar)
- 8:30-Late - Brazilian Zouk Party



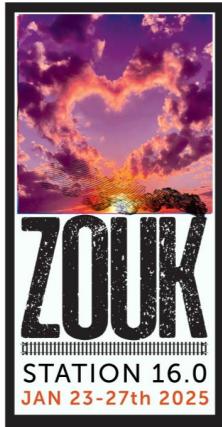
## SATURDAY SCHEDULE

- 8AM - Barracks Breakfast
- 10-11AM - Pilates with Rhi
- 11AM-1PM - Matt & Val  
()
- 1-2:30PM - Lunch
- 2:30-4:30PM - Jimmy & Alana  
()
- 5-6PM - Stretch Class with Jess
- 7PM - Dinner (BBQ)
- 8:30-Late - Brazilian Zouk Party



## SUNDAY SCHEDULE

8AM	- Barracks Breakfast
10-11AM	- Mobility with Jess
11-1PM	- Rhi ()
1-2:30PM	- Lunch
2:30-3:30PM	- Lachlan & Jess (Expressing Creativity)
3:30-4:30PM	- Jason & Steph (The not so "simple turn")
5-6PM	- Yin Yoga with Brooke
7PM	- Dinner (Pizza)
8:30-Late	- Brazilian Zouk Party



## MONDAY SCHEDULE

8AM - Barracks Breakfast

10-MIDDAY - Kosta & Veronika  
()

12:15-2:30PM - Lunch @  
Goulburn Soldiers Club  
(Offsite)

3:30-4:30PM - Brooke & Julien  
()

5-6PM - Jess & Kosta  
()

7PM - Dinner (East meets West)

8:30-Late - Brazilian Zouk Party

TUESDAY CHECKOUT AT MIDDAY